

MOLLOY COLLEGE

The Barbara H. Hagan School of Nursing
Undergraduate Program

MASTER SKILL CHECK LIST

Student Name

Updated Fall 2016

The Barbara H. Hagan School of Nursing

Master Skill Check List

Students are required to maintain the Clinical Skill Checklist. Nursing Learning Laboratory staff and faculty will validate student proficiency in skills. Students are required to show proof of skill proficiency to all clinical faculty at the beginning of each new semester. Students are held accountable for maintaining their skill proficiency throughout the program.

Skill Category	Lab	Date	Clinical	Date	Practice	Date
BEDMAKING						
Occupied						
Unoccupied						
Crib Safety						
BODY MECHANICS - TRANSFERS						
Range of Motion Exercises (ROJM)						
Positioning Adult Child Infant						
Ambulation						
Assist Patient Bed to chair Bed to stretcher						
Use of Bed Scale						
Use of Hoyer Lift						
COMFORT MEASURES						
Bed bath						
Oral Care						
Peri-Care						
Back Rub						
Pressure Ulcer Staging						

Skill Category	Lab	Date	Clinical	Date	Review	Date
Diaper Changing – including weighing for output						
Feeding Infants Toddlers						
Protective Precautions						
Restraints						
Bedpan Placement Regular Fracture						
Application of Heat						
Application of Cold						
VITAL SIGNS						
Temperature Assessment Ear Rectal Axillary Oral Thermodilution Catheter Assessment & Maintenance						
Blood Pressure Adult Non-invasive blood pressure monitoring Child Infant Arterial Line B/P wave form analysis Safety of line maintenance & Vaso- pressive titration						
Respirations						
Pulse Apical – Adult Apical – Infant Radial Other sites						
Pulse Oximetry						
Pain Assessment						

Skill Category	Lab	Date	Clinical	Date	Review	Date
Ventilator Management Check orders to settings on ventilator Check settings on ventilator screen Perform minimal leak technique Recognize alarms on ventilator Manage weaning criteria Provide post extubation assessment & care						
WOUND CARE						
Gloving						
Sterile Dressing						
Broviac Dressing						
Post-op wound care						
Pressure Ulcer Care						
Wet to dry dressing						
Application of sterile packing						
Monitoring of J-P drains						
Monitoring of Hemovac						
Monitoring of external spinal fluid drain						
Monitoring of VAC System						
SKILLS RELATED TO GU SYSTEM						
Insertion of Indwelling Catheter						
Removal of Indwelling Catheter						
Continuous Bladder Irrigation						
Texas Catheter application						
Collection of specimens Voided Via catheter						
Monitoring & maintaining Nephrostomy Tubes						
Managing Ileal Conduit/Indiana Reservoir						
Peritoneal Dialysis exchange & monitoring						
Hemodialysis fistula check						

Skill Category	Lab	Date	Clinical	Date	Preview	Date
SKILLS RELATED TO MUSCULAR-SKELETAL SYSTEM						
Crutch walking						
Use of Walker						
Cast Care						
Maintenance of Traction						
MEDICATION ADMINISTRATION						
Calculating drug dosages						
Calculating drug dosages based on mg/kg body weight						
Calculating dose mode on pump						
Buretrol use						
Suppositories						
Ophthalmic ointment/drop						
P.O. Medications						
Sub-lingual medications						
Transdermal Patches						
I.M. injections Dorsogluteal Ventrogluteal Vastis lateralis Deltoid						
Subcutaneous Injections 1 cc and 3 cc syringe						
Chemo handling and disposal						
Metered Dose Inhalers (MDI)						
Insulin Administration Mixing two types in same syringe						
Reconstitution of medication						

Skill Category	Lab	Date	Clinical	Date	Review	Date
SKILLS RELATED TO GI SYSTEM						
Feeding patient						
Ostomy Care Ostomy Irrigation						
Fecal bag replacement						
Insertion of a fecal Incontinence Devise						
Harris Flush						
Sitz Bath						
Nasogastric/Gastrostomy Tube PEG/Jejunostomy feeding tubes Verification Placement – Keofeed Feeding Decompression						
SKILLS RELATED TO RESPIRATORY SYSTEM						
Oxygen Administration Via Nasal Cannula Via Mask Via Venti Mask						
Nebulizer Treatment						
Suctioning – Suction using closed system Oral/Pharyngeal Naso/Tracheal With Non-Closed System						
Incentive Spirometry						
Manual resuscitator						
Chest Percussion (CPT)						
Coughing & Deep Breathing Exercises (C&DB)						
Use of ambu bag						
Tracheostomy care using disposable inner cannula						

Tracheostomy care using non-disposable inner cannula								
Monitoring chest tubes – closed chest drainage								
INTRAVENOUS INFUSIONS								
Calculating Flow Rate								
Hanging Main Line								
Piggyback								
Discontinuing IV Therapy								
Intake and Output Record Keeping								
Set up volumetric pump with dose mode								
Use of volumetric pump with dose mode								
Saline Locks/Med lock flush								
Total Parenteral Nutrition (TPN)								
Care of Central Lines Central Venous Line dressing PICC Line dressing Maintaining Ports/Flushes Hickman Catheters								
Infusaports								
MSO4 drips								
Monitoring Patient receiving Blood Transfusion								
Patient controlled analgesia (PCA)								

Skill Category	Lab	Date	Clinical	Date	Review	Date
OTHER						
Pneumatic TEDS						
Isolation Technique						
Cardiac Electrode placement for cardiac monitor Transport Telemetry Hard wire ECG – 12 leads						
Printing a rhythm strip						
Blood glucose monitoring via fingerstick						
Placement of external pacing device Assessment of Transvenous device						
Intra-cranial Pressure monitoring						
Obtain specimens from external cerebrospinal fluid drain						
Train of Four Assessment- Neuro muscular paralytic titration related to TOF Assessment						
End of Life Care						