

Session C: “Culturally Responsive, Trauma-Informed Practices Working with Trans and Gender-Nonconforming Patients, Clients and Students”

Speaker: AC Goldberg

Description:

During this 90 minute presentation, participants will learn the basic tenets of trauma-informed care through the lens of working with the TGNC and non-neurotypical populations. Because of institutional trauma and the intersections of race, neurotype and disability, trauma-informed practices are necessary for fostering positive clinical relationships with non-cisgender individuals of all neurotypes and backgrounds. Learning what person-centered care entails when working with transgender and gender non-conforming people will enable participants to act with the cultural and clinical sensitivity required to address the needs of this diverse segment of the population, leading to optimal outcomes. From TBI to strokes to stuttering to mental health to voice disorders to school students...we are more than our pronouns. Every person is more than just a neurotype, race, culture or SES bracket. Let's dive in!

Learning outcomes:

- 1) Participants will list the tenets of trauma-informed care
- 2) Participants will describe how to foster trusting relationships with populations who have experienced institutional trauma
- 3) Participants will define basic terms related to gender, neurotype and intersectionality

AC Goldberg (he/him) is a physically disabled intersex/transgender DEIB consultant and SLP whose mission is to cultivate affirming spaces for all people. AC's work centers around empathy, humanity and intersectional cultural responsiveness. His continuing education nonprofit, The CREDIT Institute, is dedicated to advancing equity in educational and healthcare settings. For his "day job," AC is a professor at Northeastern University where he runs a gender-affirming voice clinic. He is the 2022 recipient of the American Speech Language Hearing Association's (ASHA) Outstanding Service Award. If you'd like to get to know AC better, he's @transplaining and @CREDITsinstitute on Instagram.