

2026 Keynote Address
9:00 - 10:00 a.m.
Madison Theater, Public Square

Keynote Address: Trauma Informed Palliative Medicine

Keynote Speaker: Dr. Cristian Zanartu, Physician, MJHS and Zanartu Medical PLLC

Dr. Zanartu is a board-certified internist and palliative medicine specialist based in New York with over 15 years of experience. He focuses on holistic, trauma-informed care for patients, including LGBTQ+ health and chronic pain, with training in Internal Family Systems (IFS) and Ketamine-Assisted Psychotherapy.

He earned his medical degree from Pontificia Universidad Católica de Chile, graduating Magna Cum Laude. He completed his internal medicine residency at Mount Sinai West (formerly St. Luke's-Roosevelt) and a fellowship in Palliative Medicine at Mount Sinai Beth Israel.

He previously worked with New York Cancer & Blood Specialists and has extensive experience in hospice and palliative care.

His expertise is in palliative medicine, internal medicine, medical cannabis, and psychospiritual support.

Dr Zanartu combines conventional medicine with therapeutic approaches like Internal Family Systems (IFS) and Ketamine-Assisted Psychotherapy to treat the whole person, focusing on trauma and pain.

He is licensed in New York and has been affiliated with Mount Sinai and Montefiore.

Learning objectives:

- Introduction to 'parts work' and how this could be of use in clinical palliative care scenarios.
- Review the medical evidence for psychedelic work in chronic symptomatology and at end of life.
- Deeper exploration on the agent that has a legal framework to work with today; ketamine as a multifaceted psychotropic in palliative medicine.