

2:15 p.m. – 3:45 p.m.

Concurrent Session 3F

Holistic Services in An Acute Care Hospital Setting: A Ten-Year Journey from Vision to Culture Change

In-Person and Virtual

Program Description

Learn how a vision for an Initiative focused on reducing perceived stress in family caregivers with children admitted to a pediatric medical center grew into an essential program that serves patients, families, and staff. This program services the full spectrum of in-patient, acute and chronic care, eating disorders, palliative, and pain management services. The team also offers the interprofessional staff a wide variety of regularly scheduled and pop-up services. This presentation will address how to creatively navigate the perceived barriers to implementing your holistic program in adult or pediatric acute care hospitals, appropriately staff the service, and brand and market the service into an invaluable part of your organization's culture.

Speaker Bios:

Kathleen O'Kane BSN, RN, HN-BC, CCAP

Kathleen O'Kane is the Holistic Integrative Nurse and Coordinator of the Caregiver Program at Cohen Children's Medical Center. She received her BSN from Molloy College. Her clinical nursing career includes neonatal ICU and Integrative health.

Kathleen is a graduate of the 30-month program at New York College for Holistic Nursing and specializes in AMMA massage therapy. She is a certified Holistic Nurse, Nurse Coach, and Clinical Aromatherapist, and a Reiki Master. She co-presented at the American Holistic Nurses Association's annual conference in 2022 on Self Care Techniques for Nurses.

In 2014 Kathleen was nominated for Northwell Health President's Award for Exceptional Patient Experience for the creation of the CCMC Caregiver Program which is a respite for the parents of hospitalized children offering massage, reiki, and meditation.

Amy Luckman, BSN, RN, CPN, HWNC-BC

Amy Luckman has been a nurse for 22 years in a variety of pediatric settings including Pediatric Intensive Care, Inpatient General Pediatrics, and Outpatient Pediatric Pulmonary. Her current position is a Holistic Nurse Specialist at Cohen Children's Medical Center. She loves supporting the staff, patients, and families so they can feel the added support that is provided in this role.

Amy received her Bachelors of Nursing from State University of New York at Plattsburgh. She then went on to The Nurse Coach Collective to study coaching and holistic nursing. This allowed her to become board certified as a Health and Wellness Nurse Coach through the American Holistic Nursing Credentialing Corporation. She is also a Certified Pediatric Nurse and Reiki Master Teacher.

She lives on Long Island with her husband, 2 children, and dog. In her free time, she loves spending time with her family, enjoying nature, reading, and giving back to her community.

Christina Rossi, RN

Christina Rossi, a registered nurse for 26 years, is board certified by the American Holistic Nursing Credentialing Corporation as an advanced Holistic Nurse and a Health and Wellness Nurse Coach. She graduated from the College of New Rochelle with a Bachelors of Science in Nursing degree and Masters of Science in Nursing degree as a Clinical Nurse Specialist. Ms. Rossi worked in a variety of clinical and non-clinical health care roles which include perioperative, medical-surgical, home care, acedemia, and holistic nursing. Her current roal is as a Holistic RN Specialist at Cohen Children's Medical Center at Northwell Health, where she provides holistic nursing care to patients, families, and staff. At Cohen Children's Medical Center, Ms. Rossi works closely with the palLiative care team. Caring for each person as a whole, and embracing the richness each one has to offer, has been Ms. Rossi's goal as a nurse. She is also certified in foot reflexology, polarity therapy, and as a Reiki master. Ms. Rossi lives in Queens with her two children.