

10:15 a.m. - 11:45 a.m.

Concurrent Session 1J

*** Strategies to Balance Compassion Fatigue while Supporting Grieving Families**

In-Person & Virtual

*One and a half (1.5) hours for Social Work CEU has been approved for this session.

Learning Objectives:

Strategies to Balance Compassion Fatigue while Supporting Grieving Families

- You will be able to recognize the symptoms of compassion fatigue in order to take steps to foster balance and sustained compassion.
- You will explore skills in order to maintain practices of sustainable self care.
- You will increase your awareness of the link between a rise in deaths in your caseload and compassion fatigue.
- You will increase your knowledge about grief and the grieving process in order to better support your patients, their families, and yourself.

Presenter: Steven Krul, LCSW, CJCS-Bereavement Counselor, MJHS Hospice & Palliative Care Programs