

MOST YEAR 1

FALL

MOST 1: Finance and Budgeting 1

MOST 1: Literacy: Assessing Source Credibility

SPRING

MOST 1: Finance and Budgeting 2

MOST 1: Literacy: Vetting Sources

MOST YEAR 2

FALL

MOST 2: Careers and Employment: Exploring the “Work World”

MOST 2: Literacy: How am I?

SPRING

MOST 2: Careers and Employment: Succeeding in the Workplace

MOST 2: Literacy: Harnessing Personal Strengths

MOST YEAR 3

Fall

MOST 3: Careers and Employment: Influencing Through Communication and Collaboration in the Workplace

MOST 3: Literacy: Exploring Strengths and Overcoming Bias: Building a Resilient Identity

SPRING

MOST 3: Careers and Employment: Philosophy Through Practice

MOST 3: Literacy: From Happiness to Impactful Actions