

MOLLOY UNIVERSITY

School of Education and Human Services

Department of Teacher Education

EDU5900- Supporting Students' Mental Health: Essential Knowledge and Practices

for Professionals in the P-12 Setting

(3 credits)

Instructors: Professors Linda and Eric Kraemer

Email: lkraemer@molloy.edu; ekraemer1@molloy.edu

Office hours: Via Zoom by appointment

Course Description:

This course will offer an overview of essential knowledge and skills necessary to recognize and respond to students with mental health issues. We will begin by examining the types of mental health issues teachers may encounter, as well as the educator's role in supporting these students. Participants will use the knowledge gained to develop a basic action plan including identifying valuable resources for schools and families. Special focus will be placed on teacher self-care.

This course may be used as the first of three courses towards a certificate in *Supporting Students with Mental Health Issues

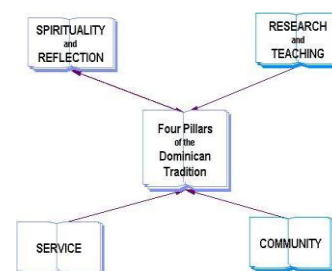
Shared Vision

The Molloy University Teacher Education faculty has derived its vision for the exemplary teacher from the University's mission statement, the four pillars of the Dominican tradition, comments and input from the Professional Education Unit's Advisory Board and degree candidates as well as numerous faculty discussions rooted in the department's knowledge base which undergirds the initial and advanced programs' curriculum, pedagogy, and values

The teaching professionals who complete Molloy's teacher preparation programs are distinguished by their ability to exemplify and promote core values in their own teaching. These values include:

Belief that all children can learn

Learner centered and value-centered curriculum and pedagogy



Ethics and spirituality
Intellectual curiosity
Independence and risk taking, while promoting collective identity and responsibility
Diversity, multiculturalism and pluralism, including divergent thinking
Passion for teaching
Commitment to students and their communities
Civic responsibility through the promotion of social justice and interdependence
Commitment to democracy

Course Learning Objectives:

1. Recognize and understand types of mental health issues
2. Examine the roles of various education professionals in supporting students with mental health issues
3. Develop a resource guide to meet the needs of students and families in crisis
4. Prepare to engage in self-care strategies.

Required Readings, Videos, and Other Materials:

All materials will be provided throughout the course.

Course Requirements and Evaluation:

Discussions/Participation	30%
Mental Health Disorder Assignment	15%
Stigma Analysis	15%
Supportive Practices Activity	15%
Mental Health Resource Guide	15%
Class Participation	10%