“(STAP) put me on the right track for college and helped me make an easy transition to my first year of college.”

“The program prepares you for your future at Molloy and your career.”

The Saint Thomas Aquinas Program was “the biggest stress relief”

“The program helped with meeting people and with things that you should know when you start college, but don’t— because no one ever told you.”

“Being a part of STAP has been one of the best things that happened to me in college thus far.”
Our Goal
With the support of the Saint Thomas Aquinas Program, students gain the skills, attitudes and information necessary to succeed in their academic and vocational aspirations.

Requirements
Students are admitted into the Saint Thomas Aquinas Program based upon criteria determined at the point of admission. The St. Thomas Aquinas Program was developed to service undergraduate students who have academic profiles that fall below traditional admissions standards, but still exhibit a high potential for success at the collegiate level.

Weekly Group Discussion Topics
- Transition to College
- Test Anxiety
- Time Management
- Registration
- Stress Management
- Career Development
- Getting Involved
- Personality Discovery
- Major Exploration
- Academic Resources
- “Branding Yourself”
- Financial Aid

A student mentor and a STAP counselor will be assigned to STAP students to assist with any issues that may arise during the school year. We are available to meet with students individually if students wish to receive additional support or need to have one-on-one conversations.

FAQ
Do STAP services continue past the first year?
While individual and group meetings occur mostly during freshman year, STAP students are always able to use the services we provide beyond their first year.

Is there a fee associated with STAP?
No! Services are completely free!

Am I eligible for financial aid?
All students must complete their FAFSA and will be reviewed by the Financial Aid Office.

Molloy Remediation Requirements (SAT and ACT)
*Please note, required remedial courses can affect course progression for certain degrees.

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