Instructor:
Office:
Phone:
E-mail:
Office Hours:
Class Room:
Class Dates:
Class Times:
Website:

Note: The Instructor will add the above information each semester.

Catalog Description, Credit Hours and Prerequisites of Course:
This course provides an exploration of the historical development and principal conceptualizations of marital and family counseling. (3)
This course is an elective.

Prerequisite: Graduate Standing and Permission of the Instructor.

Required Texts:
Specific textbook(s) will be selected by the course instructor.

Supplementary Readings:
You will be responsible for any additional notes, articles, or book chapters that are assigned as additional readings.

Course Objectives:

A. Examine the history and development of the practice of marital and family counseling.
B. Compare and contrast various approaches to marital and family counseling.
C. Gain knowledge and skills relevant in the process of family counseling.
D. Learn application of knowledge and skills in marital and family counseling.
Course Outline:

A. Historical Development of Marital and Family Counseling
   1. History and Prominent Figures
   2. Interdisciplinary contributions
   3. Professional Organizations
   4. Codes of Ethics

B. Theoretical and Integrated Approaches to Marital and Family Counseling
   1. Systems Theory
   2. Couple and Marriage Enrichment
   3. Rational Emotive
   4. Behavioral
   5. Structural Family Counseling
   6. Adlerian
   7. Emotionally Focused Therapy
   8. Solution Focused
   9. Narrative
   10. Cognitive Behavioral

C. Major Concepts and Issues in Marital and Family Counseling
   1. Healthy and Dysfunctional Families
   2. Diagnosis
   3. The "double bind"
   4. Symbiotic relationship
   5. Rules (Implicit, Explicit)
   6. Roles
   7. Meta-communications
   8. Undifferentiated ego-mass
   9. Sexual Issues
   10. Divorce
   11. Substance Abuse
   12. Blended Families
   13. Infidelity

C. The Process of Family Counseling
   1. Diagnosis & Assessment
   2. Conceptualization
   3. Treatment
   4. Follow-up

Course Schedule

Note: The specific course schedule will be added each semester by the instructor.

Methods of instruction
The instructor will utilize a combination of:
   A. Classroom lectures and discussions
   B. Classroom experiential exercises
   C. Web-assisted instructions and tests/exams
**Grading:**

Grades will be assigned on the basis of:

A. Written examinations (20%)
B. Written critiques of professional articles (20%)
C. Counseling role-plays (20%)
D. Graduate quality research paper (20%)
E. Presentation (20%)

**Grading Policy**

The following grading system is used in the Graduate Programs at Molloy College:

<table>
<thead>
<tr>
<th>Grades</th>
<th>Quality</th>
<th>Point Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93.0–100</td>
<td>Superior</td>
</tr>
<tr>
<td>A-</td>
<td>90.0–92.9</td>
<td>Excellent</td>
</tr>
<tr>
<td>B+</td>
<td>87.0–89.9</td>
<td>Very Good</td>
</tr>
<tr>
<td>B</td>
<td>83.0–86.9</td>
<td>Good</td>
</tr>
<tr>
<td>B-</td>
<td>80.0–82.9</td>
<td>Satisfactory</td>
</tr>
<tr>
<td>C+</td>
<td>77.0–79.9</td>
<td>Lowest acceptable grade</td>
</tr>
<tr>
<td>C</td>
<td>73.0–76.9</td>
<td>Not accepted for credit toward degree requirements</td>
</tr>
<tr>
<td>F</td>
<td>Failure</td>
<td>0.0</td>
</tr>
</tbody>
</table>

Please refer to Molloy College Graduate Course Catalogue for further grading details.

**Reading Assignments:**
Lectures and supplementary material will be posted online. Students are expected to complete all assigned readings and assignments before class meetings.

**Examinations:**
There will be written exams to evaluate the student’s grasp of the material. Exams will be based on required readings from books, articles, and lecture materials. All exams will be announced; therefore it will be the student’s responsibility to be present. Makeup exams, including their content and style, will be at the discretion of the professor.

**Written critiques of professional articles:**
Students will submit written critiques of articles from peer-reviewed journal research. Further instructions will be given in class.

**Counseling Role Plays:**
Students will demonstrate various skill assessment techniques and counseling intervention techniques through role-play activities in class. The student will be exposed to a variety of technological strategies and family counseling skills and will practice these skills in class role plays to enhance learning. Further instructions will be given in class.
Graduate Level Research Paper
Students will be expected to write a research paper on a topic related to marriage and family counseling issues. Further instructions will be given in class.

Class Presentation of Research Paper:
Students will be expected to present their research paper in a professional power point slide presentation to the class. Further instructions will be given in class.

Note: Course assignments and the exact final letter grade are at the discretion of the instructor. Each instructor will include assignment information and grading procedure in this section in the specific course syllabus handed out at the beginning of each semester.

Course Expectations

Academic Honesty
The college maintains and affirms a strong policy of academic honesty. Academic integrity is the responsibility of the entire Molloy College community. Members of the academic community have a duty neither to cheat nor condone cheating, fabrication, plagiarism, or facilitation of academic dishonesty. Academic infractions are subject to disciplinary action as described in the Student Handbook.

Academic Writing
Students are expected to write in a professional and clear manner. Some assignments must be written in accordance with the APA Publication Manual (6th edition). Specific APA requirements will be outlined within each assignment. Please refer to the APA Publication Manual for additional information regarding writing in APA style. Students may also seek writing support at the Molloy College Writing Center.

Attendance
As stated in the college catalogue, “students are expected to attend classes regularly and punctually.” It is the accepted practice at Molloy College that faculty take attendance in all courses. Students should notify faculty if an absence is necessary as the result of a serious situation. Failure to attend class for two (2) consecutive weeks at any point in the semester, without notification of extenuating circumstances, will result in an administrative withdrawal from the course. Administrative withdrawal results in removal from the course with a grade of "WA" or "WF" determined by the point in the term and the academic performance. Students should consult the College catalog for complete details regarding withdrawals and the potential financial implications of a withdrawal.

Civility, Respect, and Sensitivity in the Classroom
We will be dealing with a number of sensitive issues in this class. All of us are responsible for creating an environment in which we feel comfortable and respected, and one to which we can all contribute. Confidentiality is of the utmost importance when dealing with sensitive matters. It is essential that all of us are respectful of each other, even when we disagree, so that a healthy discourse can unfold.
Molloy College strives to offer learning experiences and opportunities designed to help students think effectively, develop the capacity to communicate, and differentiate values. To do this successfully, many times multiple perspectives will be presented; some of which may represent points of view on which everyone will not agree. We need to foster a safe educational experience in which there is a shared sense of respect among and between the students, the instructor and various points of view.

Further, it is to be expected that the instructor will treat all students with dignity and respect – it is also expected that the students will treat both the instructor and other students with this same respect. In order to facilitate this process more effectively, students are asked to do the following: 1) turn off all cell phones before class; 2) refrain from text messaging during class; 3) avoid distracting behavior (e.g., popping gum, noisy eating, excessively pungent foods); 4) minimize side conversations, and; 5) maintain respectful interactions. Finally, personal harassment of any kind will not be tolerated.

**Communicating across the Curriculum Requirement**

This requirement is met as the course encompasses all areas of the language arts through the achievement of its objectives, both stated and implied. The course engages students to read, write, listen, and speak through opportunities embedded in various class assignments. See “Grading” section for specific breakdown for this course.

**Counselor Dispositions**

The counselor dispositions are assessed and guided by the counselor education framework. Students in the MS in CMHC program at Molloy College are assessed by following the beliefs and attitudes related to the areas of competence, reflection and caring. As students progress through the program they will be assessed on the major areas in counselor education stemming from these core principles. All students are expected to exhibit the professional dispositions outlined by the ACA Code of Ethics (2014). This includes, but is not limited to, being in class on time, accepting feedback, conducting oneself professionally and ethically, and maintaining confidentiality. Students who do not uphold these dispositions will lose points for this course and will be encouraged to meet with their instructor and program director. See Student Handbook for further details.

**Late Assignments**

Assignment due dates are clearly indicated in this syllabus. Students are expected to submit assignments on time. Failure to submit assignments by their due date may result in a significant point deductions or a failing grade for the assignment. If extenuating circumstances arise, be sure to speak to the instructor as soon as possible and before the due date of the assignment.

**Students with Disabilities Statement**

If a student has a special need addressed by the Americans with Disabilities Act (ADA) please notify the instructor at the beginning of the course. You must register as a student with a disability in the Office of Disability Support Services. It is located in the Casey Building, Room 011. This should be done as early as possible in the semester so that appropriate accommodations may be implemented as soon as possible. Contact: Cari Rose-Tomo, MS, Coordinator, phone: 516.323.3315 and email: crosetomo@molloy.edu
or dss@molloy.edu. Please note, no accommodations can be provided without coordination and documentation from the Office of Disability Support Services.

Technology
Technology is ubiquitous within education. Throughout the semester, technology is likely to be used within and outside of the classroom. However, the use of technology for purposes other than explicit course content during class time is strictly prohibited. This can include but is not limited to using cellphones, tablets, or computers and laptops.

MHC 544 - Homework Assignments and Related Instructional Activities:
The requirements of this course include participation in classroom activities, as well as reading to prepare for class discussions, research, and out of class activities. Please note, these are estimates and some students may require more time.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Description</th>
<th>Estimated Time (minutes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Readings</td>
<td>Read assigned material to prepare for class lectures</td>
<td>1800</td>
</tr>
<tr>
<td>Exams</td>
<td>Study and prepare for exams</td>
<td>1800</td>
</tr>
<tr>
<td>Additional Activities:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Research Paper</td>
<td>Review and analyze readings on marriage and family counseling, library work, literature review, critically analyze and read articles, check databases, write paper in APA style format</td>
<td></td>
</tr>
<tr>
<td>Class Presentation of Research Paper Findings</td>
<td>Prepare PowerPoint slides on research paper findings. Practice oral presentation of findings</td>
<td></td>
</tr>
<tr>
<td>Critique of Research Articles</td>
<td>Students will read, critically analyze, and write out critiques of various research articles, focusing on data collection methods, maintenance of ethical standards, and conclusions drawn by authors.</td>
<td>1300</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>4,900</strong></td>
</tr>
</tbody>
</table>
### Tentative Course Schedule

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENTS DUE*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class 1</td>
<td>Introduction to course; syllabus review</td>
<td></td>
</tr>
<tr>
<td>Class 2</td>
<td>History of marriage and family counseling</td>
<td></td>
</tr>
<tr>
<td>Class 3</td>
<td>Ethical considerations in marriage and family counseling</td>
<td></td>
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<tr>
<td>Class 4</td>
<td>Theories of marriage and family counseling, part I</td>
<td></td>
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<tr>
<td>Class 5</td>
<td>Theories of marriage and family counseling, part II</td>
<td></td>
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<tr>
<td>Class 6</td>
<td>Mid-semester exam/project</td>
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<tr>
<td>Class 7</td>
<td>Major concepts of the family and systems</td>
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<tr>
<td>Class 8</td>
<td>Multicultural considerations in marriage of family counseling</td>
<td></td>
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<tr>
<td>Class 9</td>
<td>Roles and rules within the family</td>
<td></td>
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<tr>
<td>Class 10</td>
<td>Mental health and diagnoses within the family; substance abuse within the family</td>
<td></td>
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<tr>
<td>Class 11</td>
<td>Diagnosis and assessment</td>
<td></td>
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<tr>
<td>Class 12</td>
<td>Conceptualization of the family unit</td>
<td></td>
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<tr>
<td>Class 13</td>
<td>Treatment and interventions in marriage and family counseling</td>
<td></td>
</tr>
<tr>
<td>Class 14</td>
<td>Issues and other considerations in marriage and family counseling</td>
<td></td>
</tr>
<tr>
<td>Class 15</td>
<td>Final exam/project</td>
<td></td>
</tr>
</tbody>
</table>

*In addition to the readings herein, please refer to CANVAS for additional and supplementary readings and content.*