College Students Raising the Grade

On April 7th, during National Public Health Week 2015, Rockville Centre’s Molloy College nursing students rallied around the goal of making our country, the “Healthiest Nation in One Generation by 2030.” To prepare for the event, each student selected a health topic, reached out to the community for information and giveaways and then developed teaching materials. They also created poster boards and games to share with the students on campus. The prospective nurses held a four hour health promotion/disease prevention fair promoting health awareness through interactive learning experiences, as well as health screening information for early disease detection. Topics included smoking cessation, sun protection, nutrition, alcohol, food and personal safety, and much more. Hundreds of people left with written material, samples and more importantly an increased knowledge about health promotion and disease prevention. John Ramos, shared, “Even if I have affected only one out of the hundreds of students I spoke to, it makes it all worth it.” Trish Mayorga added, “I was surprised to see the turnout we had and how interested people were.” Lastly Nana Franz summed up the experience, “I think that the health fair increased students’ motivation to learn more about a healthy lifestyle. The event served as a great opportunity to educate people on many aspects of health and wellness.”

A Newsday Community Affairs Department program engaging students in community service.

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