Instructor:
Office:
Phone:
E-mail:
Office Hours:
Class Room:
Class Dates:
Class Times:
Website:

Note: The Instructor will add the above information each semester.

Catalog Description, Credit Hours and Prerequisites of Course:
This course covers the techniques which are useful for adapting existing counseling skills to the special needs of substance abusing clients. Students will learn the various theories supporting both individual and group counseling work with clients who abuse drugs or alcohol. Special attention will be given to differentiate the needs among various age populations, such as adolescents, university students, and adult clients with addictions. (3)

This course is an elective.

Prerequisite: Graduate Standing and Permission of the Instructor.

Course Objectives:
A. The student will be able to identify the characteristics of the chemically dependent population, including special sub-populations.

B. The student will be familiar with various definitions and etiological theories of chemical dependency, along with their subsequent treatment models.

C. The student will be able to apply various tenets of psychometric assessment to the assessment of substance abusing clients.

D. The student will be familiar with various assessment instruments and structured clinical interview techniques.

E. The student will be able to design an individualized treatment plan which
will meet the unique needs of the client.

F. The student will be able to adapt individual and group counseling techniques to fit the needs of the target population.

G. The student will be aware of the special issues which impact the population.

H. The student will demonstrate an understanding of the impact of system relationships as it relates to the substance abuser and those close to them.

I. The student will become familiar with various prevention strategies.

J. The student will demonstrate a deeper understanding of self as it impacts on their role of substance abuse counselor.

K. The student will be able to identify various techniques to remain healthy and grow professionally within the field of substance abuse.

**Required Texts:**

Specific textbook(s) will be selected by the course instructor.

**Supplementary Readings:**

You will be responsible for any additional notes, articles, or book chapters that are assigned as additional readings.

**Course Outline:**

1. Overview of Addictions Counseling.

2. The physiology behind most addictions

3. Cognitive & Affective Factors

4. The family system of addictions (psychological and genetic), Use of genograms.

5. From Nonuse to Addiction: A Biopsychosocial Approach

6. Types of Drugs and their effects on the client:
   - Cannabinoids including marijuana & hashish
   - Opioids including Heroin, oxycontin, and prescription pain killers
   - Hallucinogens including LSD, mushrooms, XTC
• Depressants including barbiturates and anxiolytics (prescription and illegal)

• Stimulants including amphetamines, herbal drugs, and OTC medications

7. Addictions of Sex, Gambling, & Eating

8. Diagnosis and Individual Treatment Planning

9. Group Treatment: in-patient, detox, out-patient and 12-Step Programs

10. Cultural and Ethnic Factors

11. Special Populations: Adolescents, GLBT, People with disabilities; the homeless; the elderly

12. Relapse & Prevention

13. Spirituality and support groups

14. Legal and Ethical Issues

15. Counselor self-care

Course Schedule
Note: The specific course schedule will be added each semester by the instructor.

Methods of instruction
The instructor will utilize a combination of:
  A. Classroom lectures and discussions
  B. Classroom experiential exercises
  C. Web-assisted instructions and tests/exams

Grading:
Grades will be assigned on the basis of:
  A. Written examinations (20%)
  B. Journal Writing (20%)
  C. Counseling role-plays (20%)
  D. Graduate quality research paper and presentation of paper (20%)
  E. Field Experience (20%)
**Grading Policy**

The following grading system is used in the Graduate Programs at Molloy College:

<table>
<thead>
<tr>
<th>Grades</th>
<th>Quality</th>
<th>Point Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93.0–100</td>
<td>Superior</td>
</tr>
<tr>
<td>A-</td>
<td>90.0–92.9</td>
<td>Excellent</td>
</tr>
<tr>
<td>B+</td>
<td>87.0–89.9</td>
<td>Very Good</td>
</tr>
<tr>
<td>B</td>
<td>83.0–86.9</td>
<td>Good</td>
</tr>
<tr>
<td>B-</td>
<td>80.0–82.9</td>
<td>Satisfactory</td>
</tr>
<tr>
<td>C+</td>
<td>77.0–79.9</td>
<td>Not accepted for credit toward degree</td>
</tr>
<tr>
<td>C</td>
<td>73.0–76.9</td>
<td>Not accepted for credit toward degree</td>
</tr>
<tr>
<td>F</td>
<td>Failure</td>
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</tbody>
</table>

*Lowest acceptable grade.*

Please refer to Molloy College Graduate Course Catalogue for further grading details.

**Course Requirements:**

**Reading Assignments:**
Lectures and supplementary material will be posted online. Students are expected to complete all assigned readings and assignments before class meetings.

**Examinations:**
There will be written exams to evaluate the student’s grasp of the material. Exams will be based on required readings from books, articles, and lecture materials. All exams will be announced; therefore it will be the student’s responsibility to be present. Makeup exams, including their content and style, will be at the discretion of the professor.

**Journal:**
Students will keep a journal related to their personal reflections to the topics covered in class. Further instructions will be given in class.

**Field Experience:**
Students will attend two open meetings of AA, NA, or Al-anon. Students will write a summary of their experience. Further instructions will be given in class.

**Role Play:**
Students will role play in class various vignettes provided by the instructor related to substance abuse counseling. Further instructions will be given in class.

**Graduate Level Research Paper:**
Students will write an APA style research paper on a topic related to addictions and substance abuse counseling. Further instructions will be given in class.
Class Presentation of Research Paper:
Students will be expected to present their research paper findings to the class. Further instructions will be given in class.

**Note:** Course assignments and the exact final letter grade are at the discretion of the instructor. Each instructor will include assignment information and grading procedure in this section in the specific course syllabus handed out at the beginning of each semester.

**Course Expectations**

**Academic Honesty**
The college maintains and affirms a strong policy of academic honesty. Academic integrity is the responsibility of the entire Molloy College community. Members of the academic community have a duty neither to cheat nor condone cheating, fabrication, plagiarism, or facilitation of academic dishonesty. Academic infractions are subject to disciplinary action as described in the Student Handbook.

**Academic Writing**
Students are expected to write in a professional and clear manner. Some assignments must be written in accordance with the APA Publication Manual (6th edition). Specific APA requirements will be outlined within each assignment. Please refer to the APA Publication Manual for additional information regarding writing in APA style. Students may also seek writing support at the Molloy College Writing Center.

**Attendance**
As stated in the college catalogue, “students are expected to attend classes regularly and punctually.” It is the accepted practice at Molloy College that faculty take attendance in all courses. Students should notify faculty if an absence if necessary as the result of a serious situation. Failure to attend class for two (2) consecutive weeks at any point in the semester, without notification of extenuating circumstances, will result in an administrative withdrawal from the course. Administrative withdrawal results in removal from the course with a grade of "WA" or "WF" determined by the point in the term and the academic performance. Students should consult the College catalog for complete details regarding withdrawals and the potential financial implications of a withdrawal.

** Civility, Respect, and Sensitivity in the Classroom**
We will be dealing with a number of sensitive issues in this class. All of us are responsible for creating an environment in which we feel comfortable and respected, and one to which we can all contribute. Confidentiality is of the utmost importance when dealing with sensitive matters. It is essential that all of us are respectful of each other, even when we disagree, so that a healthy discourse can unfold. Molloy College strives to offer learning experiences and opportunities designed to help students think effectively, develop the capacity to communicate, and differentiate values. To do this successfully, many times multiple perspectives will be presented; some of which may represent points of view on which everyone will not agree. We need to foster
a safe educational experience in which there is a shared sense of respect among and between the students, the instructor and various points of view. Further, it is to be expected that the instructor will treat all students with dignity and respect – it is also expected that the students will treat both the instructor and other students with this same respect. In order to facilitate this process more effectively, students are asked to do the following: 1) turn off all cell phones before class; 2) refrain from text messaging during class; 3) avoid distracting behavior (e.g., popping gum, noisy eating, excessively pungent foods); 4) minimize side conversations, and; 5) maintain respectful interactions. Finally, personal harassment of any kind will not be tolerated.

Communicating across the Curriculum Requirement
This requirement is met as the course encompasses all areas of the language arts through the achievement of its objectives, both stated and implied. The course engages students to read, write, listen, and speak through opportunities embedded in various class assignments. See “Grading” section for specific breakdown for this course.

Counselor Dispositions
The counselor dispositions are assessed and guided by the counselor education framework. Students in the MS in CMHC program at Molloy College are assessed by following the beliefs and attitudes related to the areas of competence, reflection and caring. As students progress through the program they will be assessed on the major areas in counselor education stemming from these core principles. All students are expected to exhibit the professional dispositions outlined by the ACA Code of Ethics (2014). This includes, but is not limited to, being in class on time, accepting feedback, conducting oneself professionally and ethically, and maintaining confidentiality. Students who do not uphold these dispositions will lose points for this course and will be encouraged to meet with their instructor and program director. See Student Handbook for further details.

Late Assignments
Assignment due dates are clearly indicated in this syllabus. Students are expected to submit assignments on time. Failure to submit assignments by their due date may result in a significant point deductions or a failing grade for the assignment. If extenuating circumstances arise, be sure to speak to the instructor as soon as possible and before the due date of the assignment.

Students with Disabilities Statement
If a student has a special need addressed by the Americans with Disabilities Act (ADA) please notify the instructor at the beginning of the course. You must register as a student with a disability in the Office of Disability Support Services. It is located in the Casey Building, Room 011. This should be done as early as possible in the semester so that appropriate accommodations may be implemented as soon as possible. Contact: Cari Rose-Tomo, MS, Coordinator, phone: 516.323.3315 and email: crosetomo@molloy.edu or dss@molloy.edu. Please note, no accommodations can be provided without coordination and documentation from the Office of Disability Support Services.
Technology
Technology is ubiquitous within education. Throughout the semester, technology is likely to be used within and outside of the classroom. However, the use of technology for purposes other than explicit course content during class time is strictly prohibited. This can include but is not limited to using cellphones, tablets, or computers and laptops.

MHC 548 - Homework Assignments and Related Instructional Activities:
The requirements of this course include participation in classroom activities, as well as reading to prepare for class discussions, research, and out of class activities. Please note, these are estimates and some students may require more time.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Description</th>
<th>Estimated Time (minutes)</th>
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<tbody>
<tr>
<td>Readings</td>
<td>Read assigned material to prepare for class lectures</td>
<td>1800</td>
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<tr>
<td>Exams</td>
<td>Study and prepare for exams</td>
<td>1600</td>
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<tr>
<td>Additional Activities:</td>
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<tr>
<td>Journal Writing</td>
<td>Write journal entries related to addictions and substance abuse counseling</td>
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<td></td>
<td>to help raise students self-awareness</td>
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<td>Field Experience and Write up of Field Experience</td>
<td>Attend two open meetings and write about the experience</td>
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<tr>
<td>Research Paper</td>
<td>Review and analyze readings on addictions counseling, library work,</td>
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<td></td>
<td>literature review, critically analyze and read articles, check databases,</td>
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<td></td>
<td>write paper in APA style format</td>
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<tr>
<td>Class Presentation of Research Paper</td>
<td>Prepare PowerPoint slides on research paper findings. Practice oral</td>
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<td>presentation of findings</td>
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<td>Total</td>
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<td>Class 1</td>
<td>Overview of Addictions Counseling. The physiology behind most addictions.</td>
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<td>Class 2</td>
<td>Cognitive &amp; Affective Factors</td>
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<td>Class 3</td>
<td>The family system of addictions (psychological and genetic), Use of genograms.</td>
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<td>Class 4</td>
<td>From Nonuse to Addiction: A Biopsychosocial Approach</td>
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<td>Class 5</td>
<td>Types of Drugs and their effects on the client:</td>
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<tr>
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<td>- Cannabinoids including marijuana &amp; hashish</td>
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<td>- Opioids including Heroin, oxycontin, and prescription pain killers</td>
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<td>- Hallucinogens, including LSD, mushrooms, XTC</td>
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<tr>
<td>Class 6</td>
<td>Types of Drugs and their effects on the client:</td>
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<td>- Depressants including barbiturates and anxiolytics (prescription and illegal)</td>
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<td>- Stimulants including amphetamines, herbal drugs, and OTC medications</td>
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<td>Class 7</td>
<td>Addictions of Sex, Gambling, &amp; Eating</td>
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<td>Class 8</td>
<td>Diagnosis and Individual Treatment Planning</td>
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<td>Class 9</td>
<td>Group Treatment: in-patient, detox, out-patient and 12-Step Programs</td>
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<tr>
<td>Class 10</td>
<td>Cultural and Ethnic Factors</td>
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<td>Class 11</td>
<td>Special Populations: Adolescents, GLBT, People with disabilities; the homeless; the elderly</td>
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<td>Class 12</td>
<td>Relapse &amp; Prevention</td>
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<td>Class 13</td>
<td>Spirituality and support groups</td>
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<tr>
<td>Class 14</td>
<td>Legal and Ethical Issues</td>
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<tr>
<td>Class 15</td>
<td>Counselor self-care</td>
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*In addition to the readings herein, please refer to CANVAS for additional and supplementary readings and content.