The Goal of the St. Thomas Aquinas Program (STAP) is to ensure that fully matriculated Molloy freshmen, in their identified majors, have a smooth transition from high school to college.

STAP provides each student with a high level of support, cultivating the skills, attitudes, and information necessary to succeed in all aspirations.

We intend to assist every student in having the best freshmen year possible.
St. Thomas Aquinas Program (STAP)

The STAP program is a highly selective support program for freshmen at Molloy College. Our goal is to provide holistic student support and ensure a smooth and successful transition from high school to college.

Through success seminars, individualized advisement and peer support we aim to cultivate the skills and attitudes necessary for students to succeed in all aspirations.

Over 98% of STAP participants report that the program is helpful during their first year at Molloy.

How it works…

FRESHMEN SUCCESS SEMINAR (STA 090/091)
Each student attends a weekly Freshmen Success Seminar for the duration of freshmen year.

In this seminar, students gain the skills, information and attitudes necessary to thrive in the Molloy Community. Students are introduced to various topics to assist them in becoming a successful and engaged student at the college.

“STAP classes made the adjustment to college very easy. They exposed me to everything I needed to know about college, from where the writing center is, to knowing how to register for classes. I would be lost without this program.”

MENTOR PROGRAM
The STAP program believes that students can often learn best from each other. Each student will be assigned a Peer Mentor. These mentors are older STAP students who co-facilitate the Freshmen Success Seminar and will hold weekly office hours to support the individual needs of students.

ACADEMIC ADVISEMENT
Each student will be assigned a STAP counselor for individual academic advisement and to assist with any issues that arise during the school year. Students in identified majors will also receive a faculty advisor.

While these services occur mostly during freshmen year, STAP students will be eligible to continue the use of services for their entire career at Molloy College.

“If I had a question about anything, I knew that I had my STAP advisor to help me.”

What we help with…

- The adjustment from high school to college
- Time Management
- Course Preparation
- Registration
- Campus Involvement
- Self Discovery
- Major Exploration
- Financial Literacy
- Career Development
- Academic Resources
- Study Skills

Contact Us

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