Palliative Care: Key Issues in a Changing Healthcare Environment

Palliative Care Conference

Friday, May 4, 2012 • 8:30 a.m. - 3:30 p.m
Molloy College, in collaboration with F•E•G•S Health & Human Services and a network of community partners, is pleased to be offering its fourth Palliative Care Conference on Long Island. The conference will be held on Friday, May 4, 2012 from 8:30 a.m. – 3:30 p.m. in the Wilbur Arts Center at Molloy’s Rockville Centre campus. The agenda for the day will include a Keynote Speaker, Beth Popp, MD FACP, Director, Division of Palliative Medicine, Associate Program Director, Hematology/Oncology, Maimonides Medical Center, a series of topics offered during two concurrent sessions, lunch and a Closing Session.

This year’s conference will focus on the new developments in this growing and dynamic field. Experts from Medicine, Nursing, Pastoral Care, Child Life and Social Work will present the latest advancements in the fields of symptom management, ethics and communication, staff self-care and bereavement. Clinicians from across the continuum will engage participants in discussions about best practices and barriers to timely excellent palliative care in hospitals, nursing homes, and hospice organizations. Professionals whose scope of practice includes children with advanced illness will have an opportunity to choose from relevant sessions in a “pediatric track”.

As always, the main objective of this year’s conference is for the participants to come away with new tools to provide professional, competent, empathetic care to patients and their families. At this year's conference we will again provide clinicians from all disciplines with a wide variety of palliative care topics, presented by an outstanding group of speakers.

Who should attend?
The intended audience includes: Physicians, Physician Assistants, Nurse Practitioners, Nurses, Social Workers, Clergy, Psychiatrists, Therapists (including physical, recreational and occupational), Dietitians, EMTs, Teachers, Students and Volunteers.

**CONFERENCE AGENDA**

8:30 - 9:00 a.m.  **Registration and Breakfast with Exhibitors** in the Gymnasium, Wilbur Arts

9:00 - 9:15 a.m.  **Welcoming Remarks** in the Hays Theater, Wilbur Arts

Dr. Valerie Collins, Vice President for Academic Affairs and Dean of the Faculty, Molloy College

Kathy Rosenthal, Vice President, Long Island Regional Operations, F•E•G•S Health and Human Services

9:15 - 10:15 a.m.  **Keynote Speaker:** Beth Popp, MD FACP, Director, Division of Palliative Medicine, Associate Program Director, Hematology/Oncology, Maimonides Medical Center (see bio on page 5)

10:15 - 10:30 a.m.  Break with Exhibitors in the Gymnasium, Wilbur Arts

10:30 - 12:00 p.m.  **Concurrent Sessions I** (locations to be announced)

Conference participants will be able to pick from the following topics presented during this concurrent session. Participants are asked to pre-register for the session that they would like to attend since seating will be limited in most of the sessions.

**“Dementia in the Palliative Care Setting”**

Dr. Joseph Milano, Director of Palliative Medicine at Huntington Hospital. Review of 1) assessment and staging for patients with the diagnosis of dementia 2) management of symptoms and treatment regimen 3) Information regarding support for the patients and caregivers.

**“Symptom Management at the End of Life”**

Dr. Lori Ann Attivissimo, M.D., F.A.C.P., F.A.A.H.P.M., Senior Medical Director, Hospice Care Network and Mary Ellen Cubbon, RN, CHPN, CWCN, Education Manager, Hospice Care Network. In this session we will provide a definition of pain and discuss the “Total Pain” concept. A brief review of four Pain Scales utilized in pain assessment. Equianalgesic Dosing using Hospice Care Network’s card for Reference. Successful Pain Strategies including, but not limited to, medications. Definition of Dyspnea. Causes of Dyspnea, including physiological, anxiety, depression, panic attacks. Assessment
of Dyspnea, including onset, quality, intensity, oxygen saturation, lung sounds and chest pain. Treatment strategies including, but not limited to, medication, blood transfusion, muscle training, nutritional therapy, oxygen, and more non-drug measures. Discussion of noisy respirations at EOL. Definition and physiological reasons provided for noisy respirations. Assessment, medications, and non-drug strategies in management of this distressing symptom for families.

“Bereavement, Reminiscence and Coping” Maureen P. Cardoza, PhD, RN, Nursing Faculty, N.Y.I.T. The death of family, friends, neighbors and co-workers forever alters our self-identity and worldview perspective. The bereavement process incorporates reconciling the death and the assimilation of the “new self” within an altered personal and environmental orientation. This seminar will explore human responses and coping strategies that assist the bereaved to reminisce, reconcile and cope with death.

“Caring for the Professional Caregiver” George Teachey, DMIn, BCC, Chaplin and Frank J. Monastero, LCSW, Medical Social Worker, Hospice Care Network. Who cares for the Professional Caregiver? How do we deal with the secondary trauma associated with working with the dying and their families? How do we care for others who are in a storm when we ourselves are struggling to stay afloat? Come...join us in exploring ways to enhance our own mental health.

“Crisis of Faith” Judith Pollack, LCSW; Clinical Coordinator. FEGS, Partners In Dignity; Sr. Mary Alice Aschenbach, Mercy Medical Center; Seemi Ahmed, Islamic Center of LI; Rev. Steve Unger and Dr. Aaron Glatt, EVP, Mercy Medical Center. A panel of distinguished religious leaders will discuss how, despite a crisis of faith, people often times can draw strength from their beliefs in coping with illness.

“Cultural Competence” Joyce Palmieri, RN, MS, CHPN Director of Clinical Services MJHS Hospice and Palliative Care. This presentation will provide an opportunity for you to explore and understand cultural differences. We will look at barriers to care, such as racism, cultural misunderstandings, and linguistic communications as being causes of unequal treatment in healthcare. It is expected within our industry that patients receive effective and respectful care that is in alignment with the patient’s beliefs and practices. Through awareness and acceptance of cultural differences we can greatly impact the delivery and the quality of effective healthcare, leaving our patients being well cared for, feeling understood and respected. This session will provide some educational tools to assist practitioners.

“Childhood Bereavement” Susan Thomas LCSW, CT, Bereavement Coordinator, Center for HOPE, Steven and Alexandra Cohen Children’s Medical Center of NY. Recognizing that sometimes the smallest hearts are asked to bear the heaviest pain, this workshop will explore children’s understanding and reactions to death, dying and bereavement. The presenter will provide both a theoretical framework as well as tools of the trade offering clinicians concrete suggestions for effectively supporting bereaved children.

12:00 - 1:00 p.m. Lunch with Exhibitors in the Gymnasium, Wilbur Arts

1:00 - 2:15 p.m. Concurrent Sessions II* (locations to be announced) Conference participants will be able to pick from the following topics presented during this concurrent session. Participants are asked to pre-register for the session that they would like to attend since seating will be limited in most of the sessions.

“Pediatric Pain & Symptom Management in Children with Advanced Illness” Linda Siegel, MD, FAAP, Director, Pediatric Chronic Pain and Palliative Care Team, Cohen Children’s Medical Center of NY. In this session we will discuss nociception, pain, and suffering and age-appropriate pain assessment scales. Pharmacologic (non-opioids, opioids and adjuvants), integrative non-pharmacological, and rarely invasive treatment modalities for the management of intractable pediatric pain at the end-of-life including developmental and physiologic considerations will be covered. Opioid dose escalation and limitations related to age-dependence of opioid tolerance and opioid-induced hyperalgesia will be discussed.

“What is Normal About Grief?” Sue Degnan, LMSW, OSW-C, ACHP-SW, Palliative Medicine Department, Huntington Hospital. Discussion of “normal grief” and categorizations of types of grief: Complicated, Anticipatory, Traumatic. Interventional skills will be provided to assist in the identification and management of grief issues.
“Myths and Realities of Hospice Care” Amy Olshever, LCSW, Director of Social Work and Bereavement, Good Shepherd Hospice and Maria Rubino, RN CHPN, Senior Nurse Manager, Good Shepherd Hospice. While hospice services provide a range of clinical, psychosocial and spiritual support services to patients at the end of life and their families, the demands of caring for a loved one at home can be challenging for families, who may have expectations that cannot be met. This workshop will focus on strategies to help families anticipate what is likely to happen as their loved one’s condition changes, and adapt the services so that patients can remain at home.

“End-of-Life Issues: How to Have a Conversation with the Family” Maria Vitsentzos, RN, MSN, ANP-BC; Director and Nurse Practitioner for Palliative Care Program, St. Francis Hospital and Lori Hardoon, LCSW, Director, F•E•G•S Health and Human Services, Partners in Dignity, The LI Regional Care Center of Jewish Healing and Hospice Alliance an initiative of UJA-Federation of NY. The art of communication for a seriously ill patient and their family at the end-of-life is a gentle fusion of honesty, empathy and hope. The clinician must not only speak to the clinical challenges a person faces but also explore the impact these challenges will have on the physical, emotional, psychosocial and spiritual dimensions of a person's life.

“Bereavement: The Truths and Myths of the Grieving Process as Depicted in the Movies and on Television” Joanne Archer and Barbara McGuire, Hospice Care Network Grief has been a taboo subject in our society for generations. We don't like to think about it, let alone talk about it. Most of us, including Health Care Professionals, have learned what we do know and how to deal with it from our parents, who learned it from their parents. This has culminated into multi-generational, religious and culturally influenced myths as our foundation to describe grief. In this instant gratification-seeking era, people often choose to utilize movies as an educational tool and many assume that what they observe on film is the unmitigated truth. Since most movies are based in the unchallenged traditional beliefs, they subsequently perpetuate these misconceptions. This presentation will embrace our changing learning habits by utilizing movie clips as an educational tool to expel the myths and identify the truths of grief. We can transform the future of health care by enlightening our Health Care Professionals.

2:15 - 2:30 p.m. Break in the Wilbur Arts Lobby

2:30 – 3:30 p.m. Closing Session “Ethical Dilemmas” Dr. Bernard Lee, Associate Chief Medical Officer of MJHS Hospice

3:30 p.m. Concluding Remarks in the Hays Theater, Wilbur Arts

Continuing Education Credit:

Nursing Continuing Education Credit
Molloy College, Continuing Education Department, is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses’ Credentialing Center’s Commission on Accreditation.

Contact Hours for the conference will be awarded as follows: 2 contact hours will be awarded for the main conference and 1.2 for each concurrent session for a total of 4.4 contact hours if you attend each session of the conference. The educational activity has no commercial support.

Social Work Continuing Education Credit
Molloy College is an approved provider of Social Work continuing education credit by the National Association of Social Workers (NASW). The approval for this program is pending for 5 CEUs.
Beth Popp, MD FACP, Director, Division of Palliative Medicine, Associate Program Director, Hematology/Oncology, Maimonides Medical Center.

Dr. Popp was the first director of palliative care in what is now the Department of Veterans Affairs New York Harbor Health Care System. While at the VA, she was involved in national policy development related to pain and symptom management in addition to her local clinical duties. She participated in the VA Faculty Leadership Program to improve End-of-Life Care, a curriculum development program funded by the Department of Veterans Affairs and the Robert Wood Johnson Foundation. She also served as the clinical director and associate section chief for the Section of Palliative Medicine at St. Vincent’s Catholic Medical Centers in Manhattan.

Dr. Popp has been published in the areas of cancer pain management, opioid pharmacotherapy and palliative medicine.
Palliative Care Conference
Committee Members

Charlotte Allen, MSW
Coordinator, Gerontology Program
Social Work Department
Molloy College

Louis J. Cino
Dean, Division of Continuing Education & Professional Development
Molloy College

Dr. Valerie Collins
Vice President for Academic Affairs
Dean of Faculty Molloy College

Lynda B. Cooper, LCSW
Administrative Director, Geriatric & Palliative Medicine
North Shore University Hospital Long Island Jewish Medical Center

Bernadette D. Curry, PhD, RN
Dean Emerita & Professor
Division of Nursing Molloy College

Sue Degnan, LMSW, OSW-C, ACHP-SW
Palliative Medicine Department
Huntington Hospital

Lori Hardoon, LCSW
Director, F·E·G·S Health and Human Services, Partners in Dignity, The LI Regional Care Center of Jewish Healing and Hospice Alliance an initiative of UJA-Federation of NY

Anna Jansson RN, MS, BC
Associate Director for Nursing
Division of CE & Professional Development
Molloy College

Sally Kaplan
Planning Executive, Spiritual and End of Life Care
UJA Federation of NY

Robert Leiner
Managing Director, Caring Commission
UJA Federation of NY

Faithanne Mandel, RN
Director of Business Development and resident Relations
Townhouse Center for Rehabilitation and Nursing

Frank J. Monastero, LCSW
Medical Social Worker
Hospice Care Network

Sr. Katherine A. Murphy, RN-BC, MSN, CHPN, CCRN
Clinical Nurse Specialist
St. Francis Hospital

Joyce Palmieri, RN, MS, CHPN
Director of Clinical Services
MJHS Hospice and Palliative Care

Kathy Rosenthal
Vice President, Family Services and Long Island Regional Operations
F·E·G·S Health and Human Services

Sharon Summers-Hayes, RN, MS, ANP, CNE
Assistant Professor
Division of Nursing
Molloy College

Maria Vitsentzos, RN, MSN, ANP-BC
Director and Nurse Practitioner for Palliative Care Program
St. Francis Hospital
Palliative Care Conference Registration Form

Please register quickly, as space is limited.

Registration Fees:
Early Registration by March 23: $75
Regular Registration, March 24 – April 27: $95
Late registration, after April 27 or at the door: $115
Full-time students (must include copy of student ID): $25

Registration Procedures:
• Online registration is available at: www.molloy.edu/ce/registration.asp
• Phone your registration by calling 516-678-5000 ext. 6206 with your Visa, MasterCard or purchase order information.
• Fax your registration by completing the registration form with your Visa, MasterCard or purchase order information and fax to 516-256-2233.
• Mail-in your completed registration form below with payment by Visa or Mastercard credit card – with information as specified below, or a purchase order to: Molloy College a Division of Continuing Education, 1000 Hempstead Ave., PO Box 5002, Rockville Centre, NY 11571-5002 and a check (made payable to: Molloy College).

A confirmation, with directions to the campus and a campus map, will be sent upon receipt of your registration.

Registration Information:
Name ____________________________________________________________________________________
Home Address _____________________________________________________________________________
City ___________________________________________________  State _________   Zip ________________
Home Phone ________________________________ Work Phone ___________________________________
Organization _________________________________________ Title _________________________________
Fax      _________________________________E-Mail  _____________________________________________

Please check if you are a full-time student □ If so, which school do you attend _________________________

Concurrent Session Selections (please see agenda and indicate your 1st and 2nd choice for each session below):
Concurrent Session I (10:30 a.m. – Noon): 1st Choice: __________________________________________
                                           2nd Choice: __________________________________________
Concurrent Session II (1:00 – 2:15 p.m.): 1st Choice: __________________________________________
                                           2nd Choice: __________________________________________

Payment Method:
□ Enclosed is my check or money order made payable to Molloy College □ Enclosed is a purchase order

Please charge the tuition to my credit card □ Visa □ MC   # ______________________________________
Exp. Date _________________ Name on the card _____________________________________________

Signature _________________________________________________________________________________

Questions: If you should have any questions regarding the conference, please contact Louis J. Cino at:
516-678-5000 ext. 6357 or by email at: lcino@molloy.edu. The conference website address is: www.molloy.edu/ce/pcc
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Palliative Care Conference
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Register Now – Space is Limited!