Randomized controlled trials in music therapy is a new perspective in Brazil. Thus, for families, institutions and music therapists there were challenges to understand the functioning of the TIME-A study. We found many difficulties to conduct the this study in Brazil and we believe that it is happened according to the difficulty of Brazilian people to clarify what a RCT design is. The music therapy discipline in Brazil is empirical and based on qualitative research. For this reason, it is necessary to promote in this country different initiatives that could help people to understand how much a RCT could collaborate to understand the use of music therapy with people of autism.

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