* We Suggest You Get More Help in the Home:
Approach to Patient and Caregiver Inertia

*One and a half (1.5) hours for Social Work CEU has been approved for this session.

Speakers:

Lisa Vitucci, LCSW-R, Director of Social Work, OptumCare Supportive Care

Heather Grant MD, FACP, New York Medical Director for OptumCare Supportive Care

Description:

Often community dwelling patients or their family caregivers resist acting on suggestions provided by clinicians on the care team. During this presentation, we will explore the concept of inertia; including common causes and possible solutions or interventions. The importance of an interdisciplinary approach will also be discussed, as well as a literature review. This interactive presentation will encourage attendee participation through role play.

Objectives:

- Define the concept of inertia
- Identify the causes of inertia when caring for patients with serious illness at home
- Explore approaches and interventions to support patients and caregivers

Speaker Bios:

Heather Grant MD, Geriatrician and Palliative Care Physician

Dr. Grant attended St. John's University where she graduated with honors from the College of Pharmacy. She worked in the field of pharmacy before attending State University of New York at Stony Brook School of Medicine where she earned her medical degree. She continued her internship and residency at SUNY Stony Brook where she also completed a Geriatric fellowship. She has served as the medical director of several nursing homes as well as the medical director for the first Program of All Inclusive Care of the Elderly (PACE) center on Long Island. Presently, Dr. Grant serves as the lead New York physician for Optumcare’s Supportive Care program, a home based palliative care program. She was a team member for the National Committee for Quality Assurance (NCQA) Serious Illness Care Measures Project, which is developing new measures and standards addressing serious illness care. Dr. Grant was also a member of the AAHPM Quality Measures Serious Illness Advisory Group. Dr. Grant has been invited to present at on a variety of palliative and geriatric topics at numerous venues throughout her career. She most recently presented at Center for the Advancement of Palliative Care (CAPC) national conference in November 2018 during the Accelerator pre-session day long conference.
Lisa Vitucci, LCSW-R is the Director of Social Work for OptumCare Supportive Care, a home based palliative care program in the New York Metropolitan area. Ms. Vitucci provides specialized advanced illness management and counseling for patients with serious illness while providing support to their family caregivers. As part of Supportive Care, Ms. Vitucci was a team member for the National Committee for Quality Assurance (NCQA) Serious Illness Care Measures Project, which is developing new measures and standards addressing serious illness care.

Prior to this position, she worked more than ten years for a hospice agency practicing as a bereavement social worker. Her experience in this role consisted of providing individual and group counseling for adults grieving the death of a loved one, including bereaved parents; with special interest in traumatic deaths such as accidents, suicides and homicides. Ms. Vitucci continues her bereavement work with The COPE Foundation, as a facilitator for bereaved parent support groups.

Ms. Vitucci has been invited to present at various venues, including a CAPC Webinar, JASA conference, Hofstra Palliative Care and Hospice classes, Molloy College Palliative Care Conference and Hospice and Palliative Care Association of New York State. Ms. Vitucci holds a Master of Social Work Degree from Fordham University.