

12:30 p.m. – 2:00 p.m.

Concurrent Session 2J

**\*What is Trending in the World of Family Caregiving?  
Rules, Tools and Clinical Pearls**

**In-person**

\*One (1.5) hours for Social Work CEU has been approved for this session.

**Myra Glajchen**, DSW, Director of Medical Education, Associate Program Director, Fellowship Training Program, MJHS Institute for Innovation in Palliative Care

**Description**

This presentation will provide an overview of best practices in caregiver assessment and intervention, as well as strategies for including caregivers in the palliative care plan. Using case examples, common challenges facing caregivers, palliative and hospice care teams will be discussed. Tools, guidelines and resources reflecting up-to-date trends in clinical programs, research, and professional education will be shared.

**Speaker Bio**

**Dr. Myra Glajchen** is a clinician, educator, and researcher. A Fulbright Scholar, she holds both a master's and a doctorate in Social Work from Columbia University. As Director of Medical Education in the MJHS Institute for Innovation in Palliative Care, Dr. Glajchen manages the Fellowship in Hospice and Palliative Medicine and the Internship in Social Work. Dr. Glajchen recently completed phase one of the National Consensus Project to Define Core Competencies for Generalist-Level Palliative Social Work, and is now developing a new training course for front-line clinicians.

Prior to joining the MJHS Institute, Dr. Glajchen served as Director of the Institute for Education and Training at Mount Sinai Beth Israel. There, she created the family caregiver initiative to improve the well-being of caregivers, validated the Brief Assessment Scale for Caregivers (BASC) in English and Chinese, and published bilingual resources. Dr. Glajchen was Associate Director of two accredited fellowships; organized electives and continuing medical education conferences.

Dr. Glajchen's leadership roles include board member for the Social Work Hospice and Palliative Care Network, Co-Editor for the Oxford Textbook of Palliative Care Communication, Book Review Editor for the Journal of Pain and Symptom Management, and Continuing Education Provider for Social Work in New York State.