

12:30 p.m. - 2:00 p.m.

Concurrent Session 2H

**\* Strategies to Balance Compassion Fatigue while Supporting Grieving Families**

**In-Person**

\*One and a half (1.5) hours for Social Work CEU has been approved for this session.

**Learning Objectives:**

**Strategies to Balance Compassion Fatigue while Supporting Grieving Families**

- You will be able to recognize the symptoms of compassion fatigue in order to take steps to foster balance and sustained compassion.
- You will explore skills in order to maintain practices of sustainable self care.
- You will increase your awareness of the link between a rise in deaths in your caseload and compassion fatigue.
- You will increase your knowledge about grief and the grieving process in order to better support your patients, their families, and yourself.

**Presenter: Steven Krul, LCSW, CJCS-Bereavement Counselor, MJHS Hospice & Palliative Care Programs**