*New Alternatives to Traditional Bereavement Support Groups*

*One and a half (1.5) hours for Social Work CEU has been approved for this session.

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**Description**
Engaging grieving individuals and families in grief support groups has always been an effective modality in helping to heal after the death of a loved-one. Groups offer those who are grieving an opportunity to mitigate isolation and find comfort in knowing "I am not alone". Traditional support groups, whether open or closed, have been a tremendous help over the years. However, not everyone responds to the sitting-in-a-circle and sharing type of group. Through presentation and group discussion, participants will discover creative ideas for running different kinds of groups and increasing attendance.