10:45 a.m. - 12:15 p.m.  Concurrent Session 1L

*Grief: The First Year*

*One and a half (1.5) hours for Social Work CEU has been approved for this session.

Walter Fendrich, LCSW-R, ACHP-SW, Bereavement Coordinator, Hospice of New York and Marguerite Metzendorf, ACSW, LCSW-R, ACHP-SW, CT, Director of Integrative Medicine, Bereavement and Creative Art Services, MJHS Hospice and Palliative Care

**Description:**

In this session we will discuss how hospice bereavement departments follow up with family and friends during the first year after the death of a loved-one. We will address the Dr. Elizabeth Kubler-Ross model of “Five Stages of Grief & Loss” as well as the Dr. J. William Worden model of “Four Tasks of Grief”. Assessment of risk for grieving family and friends will be explored through the lens of strengths and resilience. We will review the various types of bereavement interventions and how they are applied to maximize coping ability. Also discussed will be the New York City Bereavement Consortium and how it expands access to bereavement resources in the NYC Metro Area.

**Speakers Bios:**

Walter Fendrich, LCSW-R, ACHP-SW is the Coordinator of Bereavement services at Hospice of New York. Aside from providing grief counseling he facilitates bereavement support groups, memorial gatherings, clinical trainings on death and dying, and clinical social work supervision. Prior to coming to Hospice of New York in July 2001, Mr. Fendrich had worked with diverse populations including people with chronic mental illnesses, adults with developmental disabilities, homeless families, street-involved youth, and victims of natural disaster. Mr. Fendrich is also currently providing psychotherapy and expert witness testimony for survivors of torture at the Libertas Center for Human Rights. He was born in Mt. Vernon, NY and presently lives on Roosevelt Island in New York City.

Marguerite Metzendorf, ACSW, LCSW-R, ACHP-SW, CT, is the Director of Integrative Medicine, Bereavement and Creative Art Services for MJHS Hospice and Palliative Care serving the metropolitan area and Nassau County. Prior to her position at MJHS she served as the Director of Social Work and Bereavement Services at VNS and Hospice of Suffolk, Inc. for thirteen years. She achieved her Master’s in Social Work from Adelphi University in the advanced standing program. She received her Bachelors
of Social Work from Stony Brook University. She has a certification in addictions counseling from South Oaks Institute and worked at Passages Outpatient Treatment Center facilitating recovery groups and expanding the drug prevention programs. Her twenty-six years of clinical practice encompassed experiences in various settings such as hospitals, psychiatric centers, nursing homes and agencies assisting those experiencing domestic violence. In recent years, her focus has been in developing and implementing policies for end of life care. She has been an active member of the LI Veterans Hospice Partnership Steering Committee and participated in the development of local hospice partnership in the “We Honor Veterans Program”. Marguerite maintains her certificate in Advanced Clinical Social Work Practice in Hospice and Palliative Care, as well as a certification in Thanatology. She continues to maintain a private practice in Centereach specializing in depression, bereavement and chronic illness.