

10:15 a.m. - 11:45 a.m.

Concurrent Session 1J

**Guiding People to Live, Love and Laugh Again:
An In-Depth Discussion on How to Lead a
Successful Bereavement Group**

*One and a half (1.5) hours for Social Work CEU has been approved for this session.

Speaker:

Leora Rezak MSW, OSW-C, Oncology Social Worker at Northwell Health Monter Cancer Center

Description:

There are so many myths about bereavement groups... “Isn’t it just a bunch of sad people sitting around?”; “I have my own sad story, why should I hear others?”; “I want to move on, not think about it all the time”. These are just a few of the questions and statements I have heard over the years.

Bereavement groups are a place to normalize feelings, gain support from others, and offer a safe place to grieve. Leading a bereavement group can be rewarding and challenging. Bringing people together is not always easy. In this workshop we will learn how to lead silently, develop an agenda and address issues that may arise.