

10:15 a.m. - 11:45 a.m.

Concurrent Session 1G

**Guiding People to Live, Love and Laugh Again:
An In -Depth Discussion on How to Lead a
Successful Bereavement Group**

In-person

*One and a half (1.5) hours for Social Work CEU has been approved for this session.

Description:

There are many myths about bereavement groups... “Isn’t it just a bunch of sad people sitting around?”; “I have my own sad story, why should I hear others?”; “I want to move on, not think about it all the time”.

Bereavement groups are a place to normalize feelings, gain support from others, and offer a safe place to grieve. Leading a bereavement group can be rewarding and challenging. Bringing people together is not always easy. In this workshop we will learn how to lead silently, develop an agenda and address issues that may arise.

Speaker BIO :

Leora Rezak, LCSW, OSW-C, Social Worker, Monter Cancer Center, Northwell Health.

Leora is a Licensed Clinical Social Worker who received her master’s degree in social work in 1999 from Columbia University. She started her career 22 years ago at Northwell Health’s Glen Cove Hospital as an inpatient social worker and then became Senior Social Worker thereafter. In 2014, Leora joined the social work team at Northwell Health’s Monter Cancer Center where she has spent the past 8 years working closely with patients diagnosed with cancer. She leads the pancreatic cancer support group, head and neck cancer support group and has led numerous bereavement support groups as well. Leora’s experience as an oncology social worker has led her to an understanding of the complexities that encompass a patients cancer battle. She has been a vital member of the cancer care team and has had a significant impact in the care delivered.