

## **Collective Songs of Resilience**

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Music is a powerful media that offers individuals the opportunity to reflect, express, and process our emotions.

Thank you to the Molloy College community for contributing songs that you felt represent empowerment and/or resilience. Please see the list of songs that were performed today as well as additional songs choices that were offered by the community.

### Performed Songs:

- "Blackbird" - The Beatles
- "Let It Be" - The Beatles
- "Don't Give Up on Me" - Andy Grammer
- "Fire and Rain" - James Taylor
- "Bridge Over Troubled Water" - Simon & Garfunkel

### Additional Suggested Songs:

- "Hall of Fame" - The Script
- "Shake it Out" - Florence and the Machine
- "Don't Stop Believing" - Journey
- "Follow the Sun" - Xavier Rudd
- "Shake it Out" - Florence and the Machine (letting go)
- "Moon in the Dust" - Chihei Hatakeyama (great for meditating)
- "Inner Peace" - Beautiful Chorus